



 **Helfgott**
RESEARCH INSTITUTE

Naturopathic Physicians' Case Report System

advancing health through physician reporting

The clinical encounter between the patient and doctor is at the heart of all medicine.

It is also a rich source of information that can be used to improve health care if collected, managed and appropriately analyzed. Computers and the Internet are overtaking the exchange of information in health care, even among naturopathic and Chinese medicine practitioners. The Helfgott Research Institute is embarking on a project to collect and analyze case reports from naturopathic physicians.

Shared case reports provide an important contribution to the progress of medicine. All cases received will be archived at the Helfgott Research Institute at National College of Natural Medicine. The cases submitted will be reviewed by investigators at Helfgott and may be recommended for publication if the submitting clinician is interested.

There are a number of published guidelines that recommend the types of case reports to report and disseminate. For this project, cases to report are:

- cases that represent a notable response to treatment, whether beneficial or adverse
- cases that contribute to a change in current practice
- paradigmatic cases that demonstrate fundamental naturopathic principles
- cases that illustrate a new principle, supporting or refuting a theory, that may stimulate research
- uncommon or unique cases for the discipline
- cases that present a therapeutic or diagnostic observation that illuminates a frequently misunderstood clinical condition or response
- presumed cause-and-effect associations that have not been detected or reported
- an unusual combination of conditions or events that confused the assessment and treatment process

How to enter your case report

You can access the ND Case Report System at www.helfgott.org. Click on the "Research in Practice" link, then click on "Naturopathic Case Reports."

Thank you for your interest and commitment to documentation and transparency in the practice of naturopathic medicine.

For more information about this project, contact principal investigator Carlo Calabrese, ND, MPH, at ccalabrese@ncnm.edu or project coordinator Heather Schiffke, MATCM, at hschiffke@ncnm.edu.

To support this project, visit www.helfgott.org, click on "Donate Here" at the bottom of the page, and include "case reports" in the comments field.

More information on preparing case reports:

- Leung B, Seely D. *Guidelines to case report writing for naturopathic doctors*. International Journal of Naturopathic Medicine, 2009 4(1):50-4. www.intjnm.org
- McCarthy LH, Reilly KEH. *How to write a case report*. Family Medicine, 2000 32(3):190-5. www.stfm.org





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**advancing
the science of
natural medicine**

 **NCNM**
NATIONAL COLLEGE OF
NATURAL MEDICINE

The Helfgott Research Institute is a non-profit research institute at National College of Natural Medicine. Helfgott's mission is to conduct rigorous, high quality, research on the art and science of healing, specifically working to understand natural forms of medicine. Together, scientists from the fields of naturopathic medicine, Chinese medicine, acupuncture, immunology, and nutrition apply their expertise to the study of natural medicine.

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